Company Announcement

For Immediate Release – 13 March 2019

PraxisIFM Group Limited (the "Company")

Re: PDMR Notification

The Company announces that Dr Simon Thornton (Chief Executive Officer), who is considered to be a person discharging managerial responsibilities (PDMR) has exercised options over 628,665 ordinary shares in the Company. At the same time he sold options over 230,000 shares and surrendered options over 741,688 options in order to settle the consideration due. The option exercises have been satisfied by the Company's Employment Benefit Trust (EBT).

| Number of options exercised | Exercise price (p) |
|-----------------------------|--------------------|
| 278,793 | 100 |
| 349,872 | 110 |

As a result, Dr Thornton is now beneficially interested in 4,223,935 ordinary shares in the Company, representing 3.75% of the Company's issued ordinary share capital.

Further enquiries: Ravenscroft Limited 01481 729100

END OF ANNOUNCEMENT